

2008-2009 Season by the Numbers...

- **30** wins
- **1** Elite Eight Appearance
- **1** Conference Championship
- **2,150** fans (new home game attendance record)
- **2** All Americans: Claire Sheehan and Christina Solari
- **4** All-Conference Selections
- **1** CCIW Coach of the Year
- **78** points per game
- **3** seniors, **2** juniors, **6** sophomores, and **5** freshman

= 1 TEAM



Head Coach Mia Smith

Illinois Wesleyan's spectacular run in the 2009 NCAA Division III tournament capped off Mia Smith's 11th season as head coach of the Titans. The all-time victory leader for women's basketball at IWU, Smith has coached her IWU teams to a record of 199-95. She has coached 3 All-Americans, 24 All-Conference selections, and 3 CCIW "Most Outstanding Players."

Originally from Farina, IL, Smith played basketball at Southern Illinois University Edwardsville.



She was named "Defensive Player of the Year" each season there, and to this day she gets her players excited about what great defense can do for their team.

Coach Smith exemplified what it meant to be a student-athlete, earning Dean's List honors and the "SIUE" Scholar-Athlete Award. This academic dedication is continued with her teams to this day, as this year's team earned a 3.5 GPA in the fall.

High Intensity Girls Basketball Camp

Summer 2009



Illinois Wesleyan University

Individual Camp

June 15-18

Session 1: Incoming Grades 3-5

Session 2: Incoming Grades 6-8

Registration Form

Name: _____ Grade in Fall: _____ T-shirt Size: _____

Address: _____ City/State: _____ Zip: _____

Parent/Guardian Name(s): _____

Parent/Guardian Day Phone Number(s): _____

Emergency Contact Name: _____ and Phone Number: _____



Questions? Contact the IWU
Basketball Office at
(309) 556-3611.

*Please mail Registration
Form and \$75 check (payable
to Mia Smith) **by June 1** to



IWU Basketball Camp
C/O Mia Smith
302 East Emerson Street
Bloomington, IL 61701

June 15-18

**Session 1: Incoming Grades 3-5
9:30 a.m. to 12:00 p.m.**

**Session 2: Incoming Grades 6-8
1:00 p.m. to 3:30 p.m.**

Join us for a great time...



...summer camp 2009!

Camp cost is \$75 per player. Teams sending five or more players receive a discount- contact Coach Smith for details.

All campers will receive a 2009 camp T-shirt, personalized instruction from current IWU team members, and an individualized progress evaluation filled out by their camp counselor.

Please arrive 10 minutes early each day!

Registration is available beginning at 8:45 on the first day. However, preregistration is encouraged and appreciated!

About the Camp

High Intensity basketball camp is designed to develop fundamental basketball skills, teamwork, and a love for the game. Campers will both work on skills as they work with their counselors (current IWU players) throughout the week, and put those skills to use in game situations and competitions each day.

Camp sessions will take place in the air-conditioned Shirk Center on the campus of beautiful Illinois Wesleyan University.

There will be plenty of basketball played in each session, along with some fun surprises.

Team-building games, snacks, competitions, demonstrations by IWU team members, and other fun activities are all a part of camp as well!

Typical Camp Schedule

9:30-9:40	Warm-up activity/stretching
9:40-9:45	Skills lecture
9:45-10:00	Skill development
10:00-10:10	Camper skill demonstration
10:10-10:20	Team-building activity
10:20-10:30	Skill lecture/demonstration
10:30-10:50	Stations
10:50-10:55	Snack break
10:55-11:05	Team Practice
11:10-11:40	Games
11:40-11:55	Skills competitions
11:55-12:00	Titan Effort Award