

Illinois Wesleyan Men's Indoor Track Bests - 2009

SCHOOL RECORDS

| | | |
|--|---------|----------------------------|
| WT - Darien West Chicago, Ill. (De La Salle Institute) | 17.23m | Fighting Scots, 2/14/09 |
| 3000 - Wally Farris Woodstock, Ill. (HS) | 8:48.55 | Fighting Scots, 2/14/09 |
| Mile - Wally Farris Woodstock, Ill (HS) | 4:15.83 | CCIW Championships 2/29/09 |

NCAA AUTOMATIC QUALIFIERS

NCAA PROVISIONAL QUALIFIERS

| | | |
|---|---------|----------------------------|
| Darien West Chicago, Ill. (De La Salle Institute) | 17.23m | Fighting Scots, 2/14/09 |
| Mile - Wally Farris Woodstock, Ill (HS) | 4:15.83 | CCIW Championships 2/29/09 |

55 Meter Dash

| | | |
|--|------|-------------------------------|
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 6.70 | IWU Dual, 12/5/08 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 6.75 | CCIW Championships 2/29/09 |
| Adam Harrison Bloomington, Ill. (Central Catholic HS) | 6.80 | IWU Dual, 12/5/08 |
| Adam Harrison Bloomington, Ill. (Central Catholic HS) | 6.88 | CCIW Championships 2/29/09 |
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 6.98 | Monmouth Invitational 1/24/09 |

200 Meter Dash

| | | |
|---|-------|-------------------------------|
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 23.19 | CCIW Championships 2/29/09 |
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 23.19 | Monmouth Invitational 1/24/09 |
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 23.40 | Titan Open, 1/30/09 |
| Michael Conti Itasca, Ill. (Driscoll Catholic) | 23.72 | Monmouth Invitational 1/24/09 |
| Curtis Cribben Somonauk, Ill. (Indian Creek HS) | 24.76 | CCIW Championships 2/29/09 |
| Adam Harrison Bloomington, Ill. (Central Catholic HS) | 25.00 | IWU Dual, 12/5/08 |

300 Meter Dash

| | | |
|---|-------|-------------------------------|
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 36.66 | Monmouth Invitational 1/24/09 |
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 36.8 | IWU Dual, 12/5/08 |
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 37.58 | Monmouth Invitational 1/24/09 |
| Mike Burgess Tuscola, Ill. (HS) | 38.2 | IWU Dual, 12/5/08 |
| Tim Quinn Palatine, Ill. (Fremd HS) | 39.0 | IWU Dual, 12/5/08 |

400 Meter Dash

| | | |
|---|-------|----------------------------|
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 51.35 | CCIW Championships 2/29/09 |
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 51.81 | Keck Invite, 2/7/09 |
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 52.12 | Fighting Scots, 2/14/09 |
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 52.28 | Titan Open 1/30/09 |
| Aaron Ball St. Joseph, Ill. (Ogden HS) | 52.33 | Rose-Hulman, 1/16/09 |
| Mike Conti Itasca, Ill. (Driscoll Catholic) | 52.36 | Rose-Hulman, 1/16/09 |

600 Meter Dash

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|--|---------|-------------------------------|
| John Maloney Glenview, Ill. (Glenbrook South HS) | 1:33.29 | Monmouth Invitational 1/24/09 |
| Danny Burke Monee, Ill. (Marian Catholic HS) | 1:35.96 | Monmouth Invitational 1/24/09 |

Mile

| | | |
|----------------------------------|----------|-------------------------------|
| Wally Farris Woodstock, III (HS) | *4:15.83 | CCIW Championships 2/29/09 |
| Wally Farris Woodstock, III (HS) | 4:19.23 | Keck Invite, 2/7/09 |
| Wally Farris Woodstock, III (HS) | 4:26.70 | Monmouth Invitational 1/24/09 |
| Tyler Saunders Hudson, Ohio (HS) | 4:27.52 | Titan Open 1/30/09 |
| Tyler Saunders Hudson, Ohio (HS) | 4:28.45 | CCIW Championships 2/29/09 |
| Tyler Saunders Hudson, Ohio (HS) | 4:29.87 | Fighting Scots, 2/14/09 |
| Tyler Saunders Hudson, Ohio (HS) | 4:29.87 | Fighting Scots, 2/14/09 |

800 Meter Run

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|--|---------|-------------------------------|
| Noah Dunham Pontiac, III (HS) | 1:57.13 | CCIW Championships 2/29/09 |
| Noah Dunham Pontiac, III (HS) | 1:57.94 | Keck Invite, 2/7/09 |
| Noah Dunham Pontiac, III. (HS) | 1:58.00 | IWU Dual, 12/5/08 |
| Noah Dunham Pontiac, III. (HS) | 1:58.07 | Fighting Scots, 2/14/09 |
| Noah Dunham Pontiac, III. (HS) | 1:59.14 | Rose-Hulman, 1/16/09 |
| Noah Dunham Pontiac, III. (HS) | 2:00.54 | Monmouth Invitational 1/24/09 |
| Jim Fahey Lombard, III. (Glenbard East HS) | 2:01.42 | Monmouth Invitational 1/24/09 |
| Jim Fahey Lombard, III (Glenbard East HS) | 2:02.07 | Keck Invite, 2/7/09 |
| Max Lustick St. Louis, Mo. (Ladue Horton Watkins HS) | 2:02.39 | Titan Open 1/30/09 |

3000 Meter Run

| | | |
|-------------------------------------|----------|----------------------------|
| Walter Farris Woodstock, III. (HS) | *8:48.55 | Fighting Scots, 2/14/09 |
| Walter Farris Woodstock, III. (HS) | 8:53.17 | Titan Open 1/30/09 |
| Walter Farris Woodstock, III. (HS) | 8:58.92 | Rose-Hulman, 1/16/09 |
| T.J. Luby Wheaton, III. (North HS) | 9:14.24 | CCIW Championships 2/29/09 |
| Keith Lehuta Lemont, III. (HS) | 9:17.39 | Keck Invite, 2/7/09 |
| Joe Cambell Coon Rapids, Minn. (HS) | 9:21.96 | Keck Invite, 2/7/09 |

5000 Meter Run

| | | |
|--------------------------------------|----------|-------------------------------|
| Joe Campbell Coon Rapids, Minn. (HS) | 16:04.75 | Fighting Scots, 2/14/09 |
| Keith Lehuta Lemont, III. (HS) | 16:04.81 | Fighting Scots, 2/14/09 |
| David Getz Morton, III. (HS) | 16:16.15 | CCIW Championships 2/29/09 |
| Paul Kwak Palatine, III. (HS) | 16:21.69 | Keck Invite, 2/7/09 |
| Joe Campbell Coon Rapids, Minn. (HS) | 16:24.20 | Titan Open, 1/30/09 |
| Paul Kwak Palatine, III. (HS) | 16:29.88 | Monmouth Invitational 1/24/09 |

55 Meter Hurdles

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|--|------|-------------------------------|
| John Maloney Glenview, III. (Glenbrook South HS) | 8.07 | Fighting Scots, 2/14/09 |
| John Maloney Glenview, III. (Glenbrook South HS) | 8.08 | Keck Invite, 2/7/09 |
| John Maloney Glenview, III. (Glenbrook South HS) | 8.09 | Monmouth Invitational 1/24/09 |
| John Maloney Glenview, III. (Glenbrook South HS) | 8.12 | CCIW Championships 2/29/09 |
| John Maloney Glenview, III. (Glenbrook South HS) | 8.15 | Titan Open 1/30/09 |
| John Maloney Glenview, III. (Glenbrook South HS) | 8.17 | Monmouth Invitational 1/24/09 |

4x400 Meter Relay

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|---------|---------|----------------------------|
| IWU "A" | 3:24.95 | CCIW Championships 2/29/09 |
| IWU "A" | 3:24.95 | Keck Invite, 2/7/09 |
| IWU "A" | 3:28.36 | Titan Open 1/30/09 |
| IWU "A" | 3:31.30 | IWU Dual, 12/5/08 |
| IWU "A" | 3:31.52 | Rose-Hulman, 1/16/09 |

Distance Medley

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|---------|----------|----------------------------|
| IWU "A" | 10:26.32 | Titan Open 1/30/09 |
| IWU "A" | 10:35.90 | CCIW Championships 2/29/09 |

High Jump

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|--|-------|-------------------------------|
| John Maloney Glenview, Ill. (Glenbrook South HS) | 1.73m | Titan Open 1/30/09 |
| John Maloney Glenview, Ill. (Glenbrook South HS) | 1.67m | Monmouth Invitational 1/24/09 |

Pole Vault

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|---|-------|-------------------------------|
| Alex Lambert Champaign, Ill. (Tremont HS) | 4.68m | Titan Open 1/30/09 |
| Alex Lambert Champaign, Ill. (Tremont HS) | 4.55m | Fighting Scots, 2/14/09 |
| Alex Lambert Champaign, Ill. (Tremont HS) | 4.53m | Monmouth Invitational 1/24/09 |
| Alex Lambert Champaign, Ill. (Tremont HS) | 4.52m | Keck Invite, 2/7/09 |
| Alex Lambert Champaign, Ill. (Tremont HS) | 4.42m | IWU Dual, 12/5/08 |

Long Jump

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|--|-------|-------------------------------|
| John Maloney Glenview, Ill. (Glenbrook South HS) | 6.33m | Titan Open 1/30/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 6.30m | IWU Dual, 12/5/08 |
| John Maloney Glenview, Ill. (Glenbrook South HS) | 6.18m | CCIW Championships 2/29/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 6.16m | CCIW Championships 2/29/09 |
| John Maloney Glenview, Ill. (Glenbrook South HS) | 5.95m | Monmouth Invitational 1/24/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 5.76m | Rose-Hulman, 1/16/09 |

Triple Jump

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|--|--------|-------------------------------|
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 13.40m | IWU Dual, 12/5/08 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 13.30m | Keck Invite, 2/7/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 13.26m | Titan Open 1/30/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 13.25m | Rose-Hulman, 1/16/09 |
| Aaron Massey East St. Louis, Ill. (Belleville West HS) | 12.85m | Monmouth Invitational 1/24/09 |

Shot Put

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|---|--------|-------------------------------|
| Josh Smart Tinley Park, Ill. (HS) | 13.23m | CCIW Championships 2/29/09 |
| Kindred Cook Chicago, Ill. (Whitney Young HS) | 12.64m | CCIW Championships 2/29/09 |
| Kindred Cook Chicago, Ill. (Whitney Young HS) | 12.38m | Titan Open 1/30/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 12.31m | CCIW Championships 2/29/09 |
| Andrew Petro Arlington Heights, Ill. (Hersey HS) | 12.30m | Keck Invite, 2/7/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 12.28m | Monmouth Invitational 1/24/09 |

Weight Throw

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|--|---------|-------------------------------|
| Darien West Chicago, Ill. (De La Salle Institute) | *17.23m | Fighting Scots, 2/14/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 16.60m | CCIW Championships 2/29/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 16.35m | Rose-Hulman, 1/16/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 16.33m | Monmouth Invitational 1/24/09 |
| Darien West (Chicago, Ill. (De La Salle Institute) | 16.32m | Keck Invite, 2/7/09 |
| Darien West Chicago, Ill. (De La Salle Institute) | 15.55m | Titan Open 1/30/09 |

* - Indicates school record