



Illinois Wesleyan Men's Outdoor Track 2009 Season Bests

100 Meter Dash

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| Aaron Ball (St. Joseph, Ill. Ogden HS) | 11.31 | CCIW, May 2 |
| Aaron Ball (St. Joseph, Ill. Ogden HS) | 11.35 | CCIW, May 2 |
| Anthony Uy (Springfield, Ill., Sacred Heart Griffin) | 11.72 | CCIW, May 2 |
| Anthony Uy (Springfield, Ill., Sacred Heart Griffin) | 11.81 | Wheaton, April 18 |
| Anthony Uy (Springfield, Ill., Sacred Heart Griffin) | 11.89 | Monmouth, April 11 |

200 Meter Dash

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| Aaron Ball (St. Joseph, Ill. Ogden HS) | 22.58 | CCIW, May 2 |
| Aaron Ball (St. Joseph, Ill. Ogden HS) | 22.64 | SIUE, April 25 |
| Aaron Ball (St. Joseph, Ill. Ogden HS) | 22.75 | CCIW, May 2 |
| Aaron Ball (St. Joseph, Ill. Ogden HS) | 22.79 | Monmouth, April 11 |
| Aaron Ball (St. Joseph, Ill. Ogden HS) | 23.08 | Wheaton, April 18 |

400 Meter Dash

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| Mike Conti (Itasca, Ill., Driscoll Catholic) | 50.91 | Wheaton, April 18 |
| Aaron Ball (St. Joseph, Ill., Ogden HS) | 51.30 | DePauw, April 4 |
| Mike Conti (Itasca, Ill., Driscoll Catholic) | 51.32 | CCIW, May 2 |
| Noah Dunham (Pontiac, Ill., HS) | 51.37 | Monmouth, April 11 |
| Mike Conti (Itasca, Ill., Driscoll Catholic) | 51.63 | DePauw, April 4 |
| Mike Burgess (Tuscola, Ill., Tuscola HS) | 53.31 | DePauw, April 4 |

800 Meter Run

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| Noah Dunham (Pontiac, Ill HS) | 1:58.43 | CCIW, May 2 |
| Noah Dunham (Pontiac, Ill HS) | 1:58.67 | Wheaton, April 18 |
| Max Lustick (St. Louis, Mo. Ladue Horton Watkins HS) | 1:59.41 | CCIW, May 2 |
| Noah Dunham (Pontiac, Ill HS) | 2:00.13 | SIUE, April 25 |
| Max Lustick (St. Louis, Mo. Ladue Horton Watkins HS) | 2:02.35 | SIUE, April 25 |

1500 Meter Run

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| Tyler Saunders (Hudson, Ohio HS) | 4:08.50 | CCIW, May 2 |
| Tyler Saunders (Hudson, Ohio HS) | 4:10.49 | Wheaton, April 18 |
| Max Lustick (St. Louis, Mo. Ladue Horton Watkins HS) | 4:13.53 | CCIW, May 2 |
| Tyler Saunders (Hudson, Ohio HS) | 4:14.03 | SIUE, April 25 |
| Tyler Saunders (Hudson, Ohio HS) | 4:14.11 | DePauw, April 4 |

5000 Meter Run

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| T.J. Luby (Wheaton, Ill. North HS) | 16:17.94 | DePauw, April 4 |
| Paul Kwak (Palatine, Ill. HS) | 16:28.16 | Wheaton, April 18 |
| Keith Lehuta (Lemont, Ill. HS) | 16:58.68 | Monmouth, April 11 |

10,000 Meter Run

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| Paul Kwak (Palatine, Ill. HS) | 34:00.16 | CCIW, May 2 |
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110 Meter Hurdles

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| John Maloney (Glenview, Ill. Glenbrook South HS) | 15.54 | CCIW, May 2 |
| John Maloney (Glenview, Ill. Glenbrook South HS) | 15.56 | SIUE, April 25 |
| John Maloney (Glenview, Ill. Glenbrook South HS) | 15.68 | Monmouth, April 11 |
| John Maloney (Glenview, Ill. Glenbrook South HS) | 15.93 | Wheaton, April 18 |
| Adam Harrison (Bloomington, Ill. Central Catholic HS) | 16.00 | CCIW, May 2 |

400 Meter Hurdles

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| Adam Harrison (Bloomington, Ill. Central Catholic HS) | 57.24 | CCIW, May 2 |
| Adam Harrison (Bloomington, Ill. Central Catholic HS) | 57.57 | CCIW, May 2 |
| Adam Harrison (Bloomington, Ill. Central Catholic HS) | 58.09 | Monmouth, April 11 |
| Adam Harrison (Bloomington, Ill. Central Catholic HS) | 59.91 | Wheaton, April 18 |
| John Maloney (Glenview, Ill. Glenbrook South HS) | 59.04 | SIUE, April 25 |

3000 Meter Steeplechase

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| Keith Lehuta (Lemont, Ill. HS) | 10:13.60 | CCIW, May 2 |
| Keith Lehuta (Lemont, Ill. HS) | 10:17.71 | DePauw, April 4 |
| Keith Lehuta (Lemont, Ill. HS) | 10:24.82 | Wheaton, April 18 |

4x100 Meter Relay

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| Illinois Wesleyan 'A' | 43.61 | CCIW, May 2 |
| Illinois Wesleyan 'A' | 43.78 | Wheaton, April 18 |
| Illinois Wesleyan 'A' | 43.82 | SIUE, April 25 |
| Illinois Wesleyan 'A' | 44.18 | DePauw, April 4 |
| Illinois Wesleyan 'A' | 44.24 | Monmouth, April 11 |

4x400 Meter Relay

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| Illinois Wesleyan 'A' | 3:21.20 | North Central, May 8 |
| Illinois Wesleyan 'A' | 3:23.27 | Wheaton, April 18 |
| Illinois Wesleyan 'A' | 3:25.23 | CCIW, May 2 |
| Illinois Wesleyan 'A' | 3:26.57 | Monmouth, April 11 |
| Illinois Wesleyan 'A' | 3:33.10 | DePauw, April 4 |

High Jump

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| John Maloney (Glenview, Ill. Glenbrook South HS) | 1.72m | Monmouth, April 11 |
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Pole Vault

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| Alex Lambert (Champaign, Ill. Tremont HS) | 4.60m | SIUE, April 25 |
| Alex Lambert (Champaign, Ill. Tremont HS) | 4.60m | Wheaton, April 18 |
| Alex Lambert (Champaign, Ill. Tremont HS) | 4.58m | CCIW, May 2 |
| Alex Lambert (Champaign, Ill. Tremont HS) | 4.44m | North Central, May 8 |
| Alex Lambert (Champaign, Ill. Tremont HS) | 4.40m | Monmouth, April 11 |

Long Jump

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| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 6.23m | CCIW, May 2 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 6.20m | Wheaton, April 18 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 6.17m | DePauw, April 4 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 6.11m | Monmouth, April 11 |
| John Maloney (Glenview, Ill. Glenbrook South HS) | 6.00m | SIUE, April 25 |

Triple Jump

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| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 13.46m | SIUE, April 25 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 13.44m | CCIW, May 2 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 13.26m | Wheaton, April 18 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 13.17m | DePauw, April 4 |
| Aaron Massey (East St. Louis, Ill. Belleville West HS) | 13.15m | Monmouth, April 11 |

Shot Put

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| Josh Smart (Tinley Park, Ill. HS) | 13.54m | Monmouth, April 11 |
| Andrew Petro (Arlington Heights, Ill. Hersey HS) | 13.04m | SIUE, April 25 |
| Josh Smart (Tinley Park, Ill. HS) | 12.85m | DePauw, April 4 |
| Josh Smart (Tinley Park, Ill. HS) | 12.83m | Wheaton, April 18 |
| Josh Smart (Tinley Park, Ill. HS) | 12.69m | SIUE, April 25 |

Discus Throw

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| Andrew Petro (Arlington Heights, Ill. Hersey HS) | 41.48m | CCIW, May 2 |
| Andrew Petro (Arlington Heights, Ill. Hersey HS) | 40.78m | SIUE, April 25 |
| Andrew Petro (Arlington Heights, Ill. Hersey HS) | 39.90m | Monmouth, April 11 |
| Andrew Petro (Arlington Heights, Ill. Hersey HS) | 39.04m | Wheaton, April 18 |
| Darien West (Chicago, Ill. De La Salle Institute) | 38.53m | DePauw, April 4 |

Hammer Throw

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| Darien West (Chicago, Ill. De La Salle Institute) | 50.28m | CCIW, May 2 |
| Darien West (Chicago, Ill. De La Salle Institute) | 49.67m | SIUE, April 25 |
| Darien West (Chicago, Ill. De La Salle Institute) | 48.48m | Wheaton, April 18 |
| Darien West (Chicago, Ill. De La Salle Institute) | 48.20m | DePauw, April 4 |
| Darien West (Chicago, Ill. De La Salle Institute) | 47.76m | Monmouth, April 11 |

Javelin Throw

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| Nick Coopriider (Chanhassen, Minn. DeKalb, Ill. HS) | 47.75m | Wheaton, April 18 |
| Nick Coopriider (Chanhassen, Minn. DeKalb, Ill. HS) | 46.17m | DePauw, April 4 |
| Nick Coopriider (Chanhassen, Minn. DeKalb, Ill. HS) | 41.88m | CCIW, May 2 |